Although docosahexaenoic acid (DHA) and eicosapentaenoic acid (EPA) can be obtained by including cold-water fish in their diet, many individuals restrict their fish consumption due to the possibility of contaminants. OmegaClean Liquid is sourced from sardines and anchovies. The supplier of the raw materials uses the most current and applicable industry-standard oil-removal methods including a true molecular distillation process and a final refining process to ensure the effective removal of man-made pollutants such as PCBs, dioxins, and mercury. Independent third-party testing in an FDA-registered laboratory of each batch of Health Tools® OmegaClean Liquid confirms freshness, potency, purity, and safety. This oil meets the standards needed to comply with California Proposition 65’s most up-to-date list, which itemizes chemicals known to cause cancer or birth defects or other reproductive harm and is published annually by the State of California Environmental Protection Agency.

Omega-3 polyunsaturated fatty acids (PUFAs) play a critical role in the normal development of the brain and central nervous system of the fetus and infant. Functioning solely via cell membranes that attach them to phospholipid molecules, DHA and EPA are integral to numerous processes affecting membrane fluidity and gene regulation. DHA is the primary structural fatty acid in the brain’s gray matter (~ 40%) and the eye’s retina, and optimizes signal transmission in these organs and throughout the nervous system. Low levels of this fatty acid have been associated with poor memory, impairment in the ability to recognize and comprehend written words, poor night vision, and other neurological dysfunction. Meta-analyses confirm that DHA supports a healthy mood. DHA also supports healthy immune system balance and the body’s healthy response to inflammation.

EPA is a long-chain omega-3 fatty acid. Although EPA does not significantly affect clotting factors, it does reduce blood viscosity and blood triglycerides. The low incidence of acute myocardial infarction among native Greenland Eskimos launched keen interest in EPA in the 1970s. EPA is a precursor for the platelet aggregation inhibitor, prostaglandin-3, and for the eicosanoids, thromboxane-3 and leukotriene-5. It competes with arachidonic acid for inclusion in the lipoxygenase and cyclooxygenase pathways.
Other Ingredients: Sunflower oil, natural flavor, and stevia.
Contains: Fish (anchovy, sardine, mackerel).

DOSAGE:
Once daily, measure one teaspoon (5 mL) OmegaClean Liquid and consume as is, or add to your favorite drink, or use as directed by your healthcare practitioner.

REFERENCES

CAUTION:
Consult with your healthcare practitioner before use, especially if you are on blood-thinning medication/supplements or anticipate surgery. Keep out of reach of children. Avoid if allergic to fish or any other formula ingredient.

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.